

HermanMiller Equa 2® Chair



Seating that
performs for you.

Seat Height: Paddle-shaped lever on right side



To raise:
Take your weight off chair, lift lever up.



To lower:
Lift lever up while seated.

At the proper height, your feet should rest flat on the floor.



Tilt Lock: Paddle-shaped lever on the left side of tilt mechanism

Only available on some models.



To lock upright:
While seated upright, swing paddle back.



To release:
Swing paddle forward.

Engage the tilt lock when you want to sit in an upright position.



Tilt Tension: Knob under seat on front of chair



To increase:
Turn knob to the left.



To decrease:
Turn knob to the right.

Set the tilt tension to control the resistance you feel when reclining.



Lumbar Depth: Pump pad and release button on front of right back support

Only available on split-pad models.



To increase:
While seated, lift your weight off back of chair, push pump pad in to inflate lumbar support and achieve desired level of support.



To decrease:
While seated, press release button to deflate lumbar support and achieve desired level of support.

Adjust the lumbar depth so that it comfortably supports the natural curve of your spine.



Tilt Lock: Paddle-shaped lever on the left side of tilt mechanism

Only available on some models.



To lock upright:
While seated upright, swing paddle back.



To release:
Swing paddle forward.

Engage the tilt lock when you want to sit in an upright position.



Arm Width: Back of each armpad

Only available on some models.



To adjust:
Grasp back end of armpad and slide it toward you or away from you.

In the proper position, your elbows should be in line with your shoulders.



Lumbar Depth: Pump pad and release button on front of right back support

Only available on split-pad models.



To increase:
While seated, lift your weight off back of chair, push pump pad in to inflate lumbar support and achieve desired level of support.



To decrease:
While seated, press release button to deflate lumbar support and achieve desired level of support.

Adjust the lumbar depth so that it comfortably supports the natural curve of your spine.



Footring Height: Footring at base of stool

Only available on stools.



To set:
Lift and turn ring counterclockwise; set at desired height.



To lock:
Turn ring clockwise.

At the proper height, your feet should rest flat on the footring.



Arm Angle: Front of each armpad

Only available on some models.



To adjust:
Grasp front end of armpad and pivot it inward or outward.

Adjust arm angle inward when using a keyboard; adjust arm angle outward when using a mouse.

